

Adur Leisure Centres - Impulse Leisure

Adur Community Leisure is run by Impulse Leisure.



Chamber Member Discounts at Impulse Leisure (correct as at 29th August 2019)

Impulse Leisure offers corporate rate discount to all Worthing & Adur Chamber Members.

Adult platinum memberships include unlimited use of Gym, Swimming and Classes at the Lancing Manor, Wadurs, Southwick and Storrington sites.

- Corporate Individual £38 per month (normally £42)
- Corporate Joint £65 per month (normally £70)
- Corporate Family £78 per month (normally £84) - Family includes 2 Adults 18 and above and 2 youths/children Under 18

If you join up we will offer you NO Joining Fee!!



Facilities include:

3 Fully Equipped Technogym Fitness Suites with Weight Areas

Gym Induction and free personal programmes

160+ Classes per week

Sauna & Steam Rooms

25m Swimming Pool at Wadurs

4 & 6 Court Badminton Halls

3G Football Pitch at Lancing Manor

1 Membership, 4 centres!

To check current deals and offers, or for more information on membership, please contact the membership team on:

Email: lkayondo@impulseleisure.co.uk

Tel: 01903 524635

For full details and timetables please visit: <https://impulseleisure.co.uk/>